

Nurturing Parenting® 10-Week Workshop Series

- Parenting and support workshops for caregivers who have children with disabilities and medical challenges
- June 1 to August 3, 2022
- Wednesdays from 5 p.m. to 7 p.m.
- Classes will be <u>virtual</u> (link will be given once you register).

Attend as many as you would like!

Workshop 1: June 1, 2022 Child Development, the Brain and Attachment

Workshop 2: June 8, 2022 Parenting Styles and Personality Types

Workshop 3: June 15, 2022 Praise, Personal Power and Independence

Workshop 4: June 22, 2022 Understanding Discipline and Punishment

Workshop 5: June 29, 2022 Family Rules and Consequences

Workshop 6: July 6, 2022 Health, Healing, Grief and Loss

Workshop 7: July 13, 2022 Understanding our Feelings and Needs

Workshop 8: July 20, 2022 How to Cope, Socialization, and Sibling Support

Workshop 9: July 27, 2022 Managing Stress and the Power of Play

Workshop 10: August 3, 2022 Communication and Advocating for your Child









SPACE IS LIMITED!

To register, please contact: <u>patientfamilyeducation@chla.usc.edu</u> or call the Family Resource Center at 323-361-7698.